



East Sussex Cycling Association

2022 President Peter Moon – Eastbourne Rovers CC

ESCA 10m Time Trial – Saturday 23rd April 2022 – G10/87

Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations



Start Sheet

Event Secretary

Sam Dix (trainSharp)

11 Woodlands Close, Uckfield, East Sussex, TN22 1TS

Email: sdix@hotmail.com Mobile: 0784 119 7342

Timekeepers

Peter Moon (Eastbourne Rovers) and **Richard Meed** (Lewes Wanderers)

General Information

Event HQ

East Hoathly Sports Pavilion, London Road East Hoathly, East Sussex BN8 6QE – Open from 06:00. Heading north on the A22, turn right; heading south turn left at The Shaw Roundabout into London Road. The HQ is on the right, just before the village.

Please show respect to local residents in the village with no shouting within earshot of houses, considerate parking and no turbo trainers to be used east of the carpark entrance on London Road or within 50 metres of a domestic property. There have been a number of adverse comments about cycling events in the local Facebook Group, so please take care.

Event HQ open for access to main hall and refreshments

We have access to the main hall, using the doors that open out to the cricket pitch on the far side from the car park. Coffee, teas and light refreshments available.

Car Parking

There is limited parking in the Sports Pavilion car park, when full please park sensibly on London Road by preference please park on the west side of the road i.e. towards the Shaw Roundabout, with consideration for other road users and local residents.

Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. If pinning your number please only use the eyelets, and please do not use additional pins as it tears the number.

Additional Hazards

There are a number of area of rough road surface on the out leg, with more on the return leg, so please be aware and be careful. See "Riders be Aware" below.

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Start

The start is less than a mile from the Sports Pavilion. Proceed out of the car park and either: turn right, and continue round the sharp right bend to South Street and towards the A22, or

Prize List

Fastest Overall

First	£30.00
Second	£25.00
Third	£20.00

Fastest Lady

First	£30.00
Second	£25.00
Third	£20.00

Fastest Jun / Juv

First	£20.00
Second	£10.00

Fastest Team of 3

First	£15.00 each
Second	£10.00 each

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turn left, and then turn left at The Shaw roundabout on to the A22 and then left again into South Street.

Riders Be Aware

Generally the road is in good repair however there are some sections where care must be taken:

Approximately 400 metres after the start the left hand side of the road has a rough section and some holes.

On the return leg, at about mile 7.5 there are a number of holes in the left hand side of the road including some long cracks until the last large corner before the finish, by the Thatched Garage.

Signing Out

Please note that all competitors are required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

Finding your times using ResultSheet.co.uk

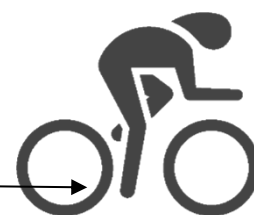
We will be using ResultSheet so times will be accessible on smart phones in near real time if all goes well. We have had riders get back to the HQ switch their phone on and pick up their time straight away, but there can be a time lag of 15 minutes or more.

The link to the online result sheet is: <https://resultsheet.app/rsd/1650209765168x643089333524365300>

There will be a QR code available at the sign in / sign out desk which will take you to the results.

Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations now require the use of a helmet that meets internationally accepted safety standards for **all competitors**. **NOTE THIS IS A NEW REGULATION FOR 2022**
- **Parental Consent Forms** Under 18 age entries must download and complete and have a signed parental consent in order to compete. The completed form must be brought along to the signing on along with your helmet and lights. No helmet, no lights, no parental consent, no ride.
- **Lights** CTT Regulations now require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a **working rear red light, and to the front of their machine a working front white light**, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users. **NOTE THIS IS A NEW REGULATION FOR 2022.**
- **Clothing** London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Audio Equipment** Competitors must not use ANY audio equipment except prescribed hearing aids. A competitor in breach of this regulation shall be disqualified. Competitors must not use a mobile phone while mounted on their machines.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the time may be recorded if number is not correctly positioned.



Please pin
number here

timekeepers. No

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- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.

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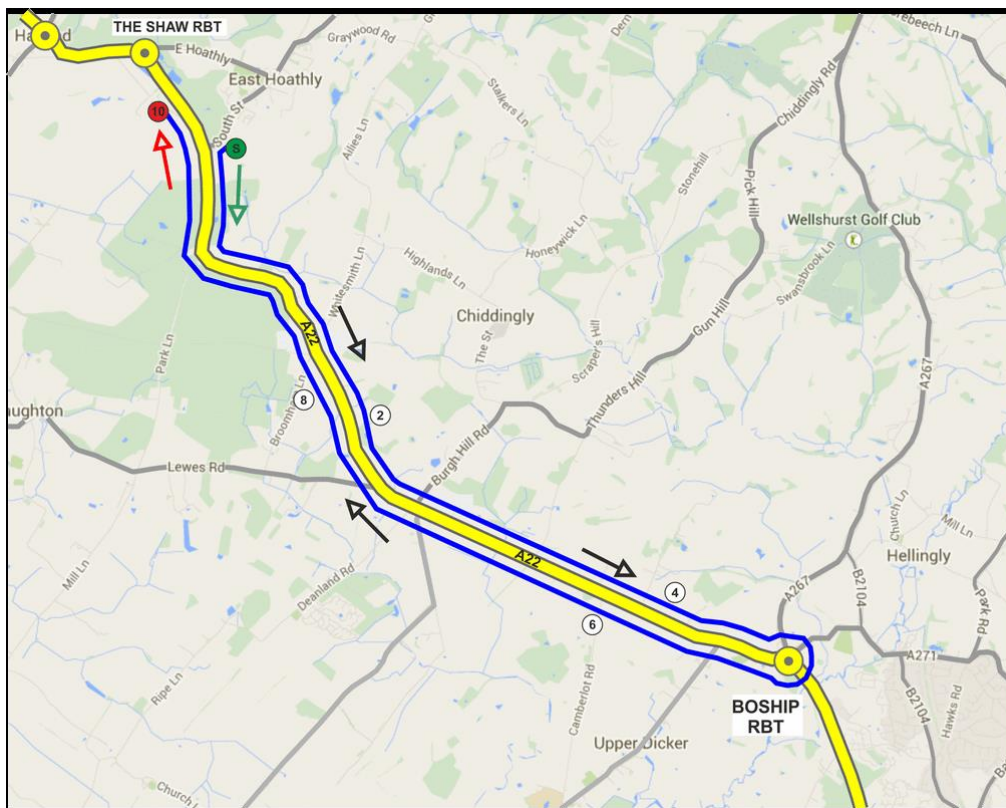
Course Details

G10/87 – East Hoathly – Whitesmith – Golden Cross - Boship – A22

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

These course details can be viewed or downloaded from the Sussex CA website www.sussexca.org.uk/g1087.html

OS Ref	Course G10/87	Distance
TQ517156	START in South Street, East Hoathly, at red arrow at drain 28 yards before T junction with East Hoathly by-pass	00.00m
TQ572112	LEFT and follow A22 through Whitesmith and Golden Cross to Boship RBT where TURN (Check)	04.90m
TQ513162	4th exit and retrace on A22 through Golden Cross and Whitesmith to FINISH at red arrow at second drain past field gate on East Hoathly by-pass just before first footpath crossing and 334 yards past right turn (South Street) for East Hoathly.	10.00m



Additional Safety Instructions

- Competitors must exercise extra care when turning LEFT just after Start and at the Boship roundabout
- **No 'U' turns after finishing or riders will be disqualified** – after finishing, competitors MUST continue to The Shaw roundabout and take second exit (RIGHT) to return to Event HQ at East Hoathly Sports Pavilion.

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Order of Start

Race No.	Start Time	Rider	Rider	Club	Gender	Category
1	07:01	Julian	Scutter	East Grinstead CC	Male	Veteran
2	07:02	Carl	Richardson	trainSharp	Male	Veteran
3	07:03	Robert	Royle-Evatt	Addiscombe CC	Male	Veteran
4	07:04	Chris	Parker	Hastings & St. Leonards CC	Male	Veteran
5	07:05	Mark	Edleston	Eastbourne Rovers CC	Male	Veteran
6	07:06	Peter	Baker	Hastings & St. Leonards CC	Male	Veteran
7	07:07	Kevin	Burton	Eastbourne Rovers CC	Male	Veteran
8	07:08	Paul	Winkley	VC Merlin	Male	Veteran
9	07:09	Martin	Slater	34 Nomads CC	Male	Veteran
10	07:10	Lee	Holdaway	Hastings & St. Leonards CC	Male	Veteran
11	07:11	Richard	Harris	34 Nomads CC	Male	Veteran
12	07:12	Owen	Vidler	Hastings & St. Leonards CC	Male	Veteran
13	07:13	Iain	Brogden	Eastbourne Rovers CC	Male	Veteran
14	07:14	John	Vidler	Hastings & St. Leonards CC	Male	Veteran
15	07:15	Clint	Allen	Lewes Wanderers CC	Male	Veteran
16	07:16	Gareth	Purves	Hastings & St. Leonards CC	Male	Veteran
17	07:17	Paul	McDaid	CC Bexley	Male	Veteran
18	07:18	Marcus	MacHell	Hastings & St. Leonards CC	Male	Veteran
19	07:19	Mike	Hannay	Lewes Wanderers CC	Male	Veteran
20	07:20	Sam	Dix	trainSharp	Male	Veteran
21	07:21	Katie	Wright	Mid Sussex Triathlon Club	Female	Standard
22	07:22	Anita	Turner	Eastbourne Rovers CC	Female	Veteran
23	07:23	Tracey	Williams	Brighton Mitre CC	Female	Veteran
24	07:24	Kate	Thomas	Lewes Wanderers CC	Female	Veteran
25	07:25	Georgie	Little	HuntBikeWheels.com	Female	Standard
26	07:26	Kate	Parrish	Lewes Wanderers CC	Female	Standard
27	07:27	Sally	Turner	trainSharp	Female	Veteran
28	07:28	Adam	Rogers	Eastbourne Rovers CC	Male	Veteran
29	07:29	Benjamin	Tappenden	trainSharp	Male	Standard
30	07:30	Dan	Street	Lewes Wanderers CC	Male	Veteran
31	07:31	James	Ryan	Team TMC	Male	Standard
32	07:32	Luke	Goodwill	VC de Londres	Male	Junior
33	07:33	Paul	Fletcher	trainSharp	Male	Veteran
34	07:34	Dylan	Coyne	Balcombe Cycle Club	Male	Veteran
35	07:35	Peter	Baker	Lewes Wanderers CC	Male	Veteran
36	07:36	Paul	Thatcher	Brighton Mitre CC	Male	Veteran
37	07:37	Jon	Hunter	Breakaway Racing	Male	Veteran
38	07:38	Lucas	Houghton	Team TMC	Male	Junior
39	07:39	George	Welfare	Eastbourne Rovers CC	Male	Standard
40	07:40	David	Pollard	VTTA (Surrey/ Sussex)	Male	Veteran

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Race No.	Start Time	Rider	Rider	Club	Gender	Category
41	07:41	Nathan	Russell	trainSharp	Male	Standard
42	07:42	Kevin	Plummer	Team TMC	Male	Veteran
42	07:43	Joe	Benians	Lewes Wanderers CC	Male	Standard
44	07:44	Tom	Houghton	Team TMC	Male	Veteran
45	07:45	David	Clark	Eastbourne Rovers CC	Male	Veteran
46	07:46	Cris	Coxon	Brighton Mitre CC	Male	Veteran
47	07:47	Matthew	Woods	Eastbourne Rovers CC	Male	Veteran
48	07:48	Matthew	Smith	Team TMC	Male	Standard
49	07:49	Simon	McNamara	HuntBikeWheels.com	Male	Veteran

ESCA Prize Money pay out, and donations to charity

Several ESCA affiliated clubs donate funds to a charity, with riders that win prize money adding their winnings to the pot. In 2022 ESCA will, as in 2021, be selecting a charity e.g. Air Ambulance Kent Surrey Sussex, who have airlifted injured cyclists to hospital, and making an end of season donation. Any ESCA Prize winner that wishes to donate their winnings to the ESCA pot can let the Event Organiser know. Any unclaimed prizes will also go into the pot.

Cash prizes for the top three riders in each category will be presented in the HQ straight after the event. The result sheet will list all the cash prize winners and any that have left early will be advised that if they wish to claim their prize money they need to contact the Event Organiser to arrange means of payment. The preferred method of payment is by PayPal. Otherwise please give your account number and sort code and exact name of the holder(s) so that the account details can be verified for a BACS transfer.

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